Rising 7th & 8th Grade Parent Presentation

Dani Rossi: 6th Grade Counselor

Danielle Wiest: 7th Grade Counselor

Todd Huber: 8th Grade Counselor

Julie Lindley: Counseling Secretary

Counseling Department 2018-2019

Years in Education: 14

Years in Eanes: 1

Colleges Attended:

- University of Texas
  - B.S. Education
- University of North Texas
  - M.Ed. Counseling

Dani Rossi
6th Grade Counselor

Years in Education: 24

Years in Eanes ISD: 16

Colleges Attended:

- Oklahoma State University
  - B.S. Elementary Education
- University of North Texas
  - M.S. Counseling

Danielle Wiest
7th Grade Counselor

Years in Education: 14

Years in Eanes: 5

Colleges Attended:

- University of Illinois
  - B.S. Psychology
- Governors State University
  - M.A. Counseling

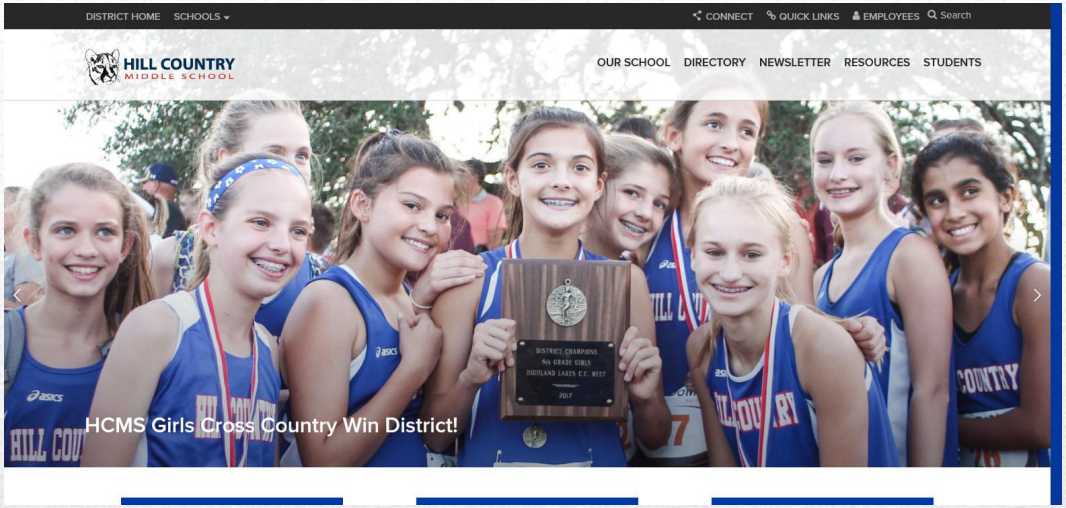
Todd Huber
8th Grade Counselor

Years at Eanes: 5

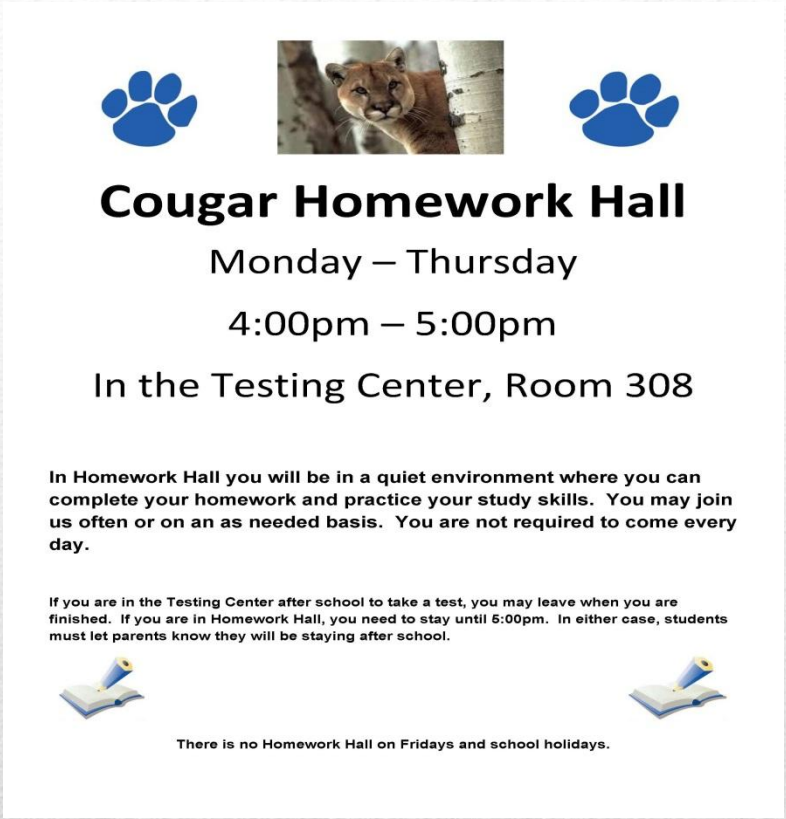
Julie Lindley
Counseling Secretary

How can students see us?

How we can help



Online Resources



Cougar Homework Hall

Monday – Thursday

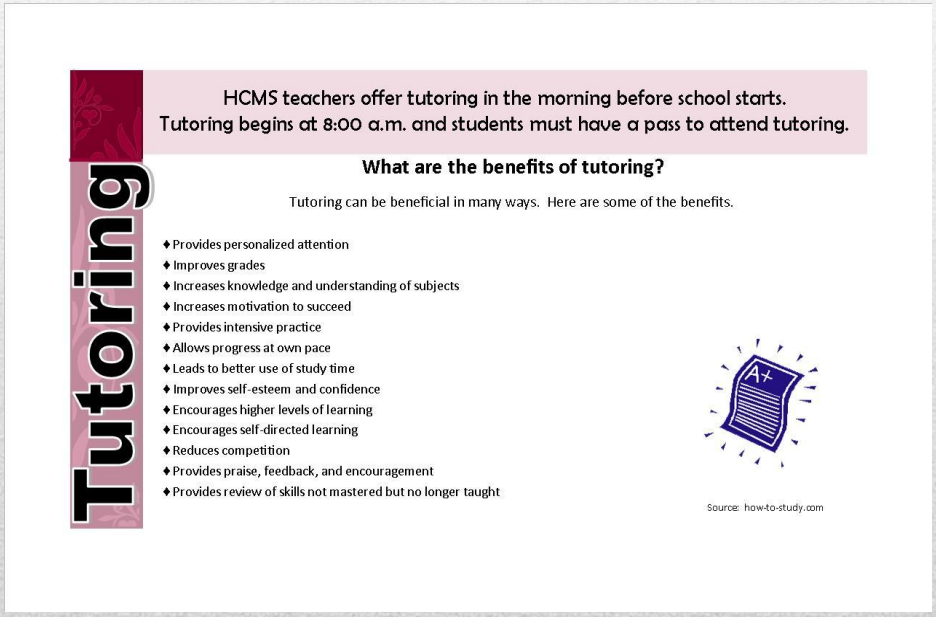
4:00pm – 5:00pm

In the Testing Center, Room 308

In Homework Hall you will be in a quiet environment where you can complete your homework and practice your study skills. You may join us often or on an as needed basis. You are not required to come every day.

If you are in the Testing Center after school to take a test, you may leave when you are finished. If you are in Homework Hall, you need to stay until 5:00pm. In either case, students must let parents know they will be staying after school.

There is no Homework Hall on Fridays and school holidays.



Tutoring

HCMS teachers offer tutoring in the morning before school starts.
Tutoring begins at 8:00 a.m. and students must have a pass to attend tutoring.

What are the benefits of tutoring?

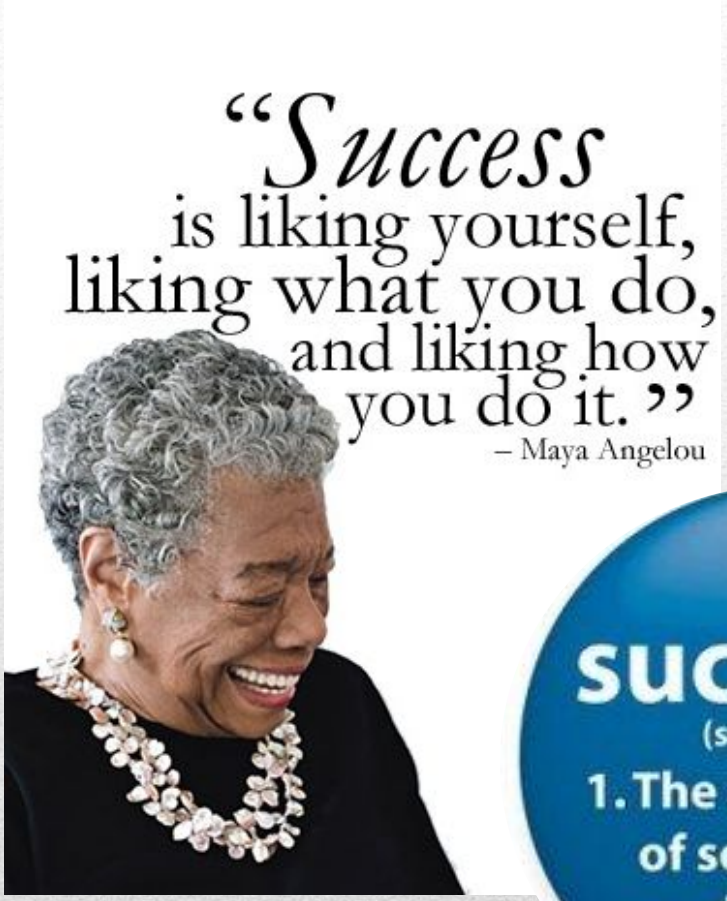
Tutoring can be beneficial in many ways. Here are some of the benefits.

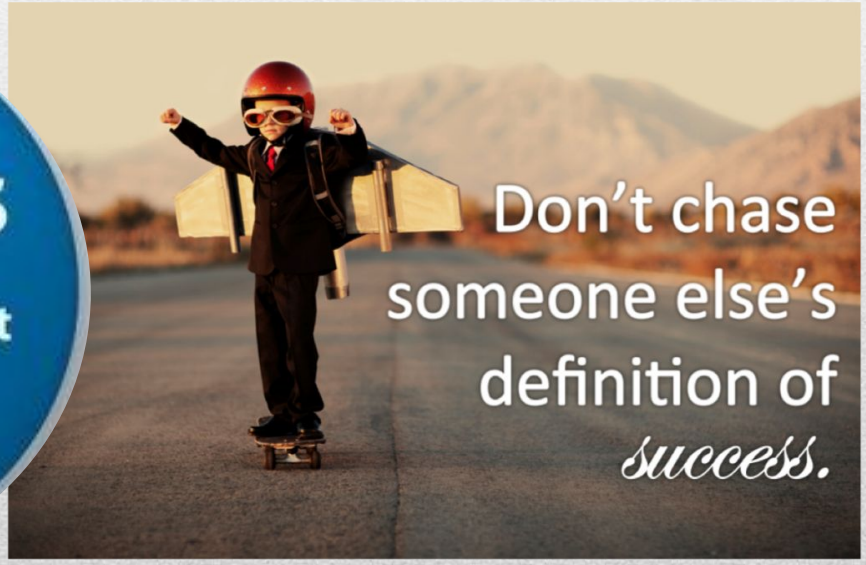
- Provides personalized attention
- Improves grades
- Increases knowledge and understanding of subjects
- Increases motivation to succeed
- Provides intensive practice
- Allows progress at own pace
- Leads to better use of study time
- Improves self-esteem and confidence
- Encourages higher levels of learning
- Encourages self-directed learning
- Reduces competition
- Provides praise, feedback, and encouragement
- Provides review of skills not mastered but no longer taught

Source: how-to-study.com

Resources

DEFINING SUCCESS AND SHAPING THE FUTURE





How do you define success?

7th and 8th GRADE ONLINE REGISTRATION

2018-2019

Students will register for classes the week of February 5th through science classes.

Students will sign up for the following classes.

- Science
- History
- English
- Advisory

*Students will be placed into the next math sequence.

Student's will not select register for Math.

&

Electives (6 semesters including the P.E. requirement)

ONLINE REGISTRATION

- Students will register online using **Skyward Student Access**.
- After your child registers, you can ask him/her to login and show you the classes they selected.
- Changes can be made until **February 23rd** .
- Parents cannot see or make changes to students course selections using **Skyward Family Access**.
- If your child does not know his/her **Skyward** Login, please ask him/her see their counselor for help. We encourage all of our students to use their **Skyward Student Access** to monitor their grades.

Science Classes

7th Grade Science

- Science 7

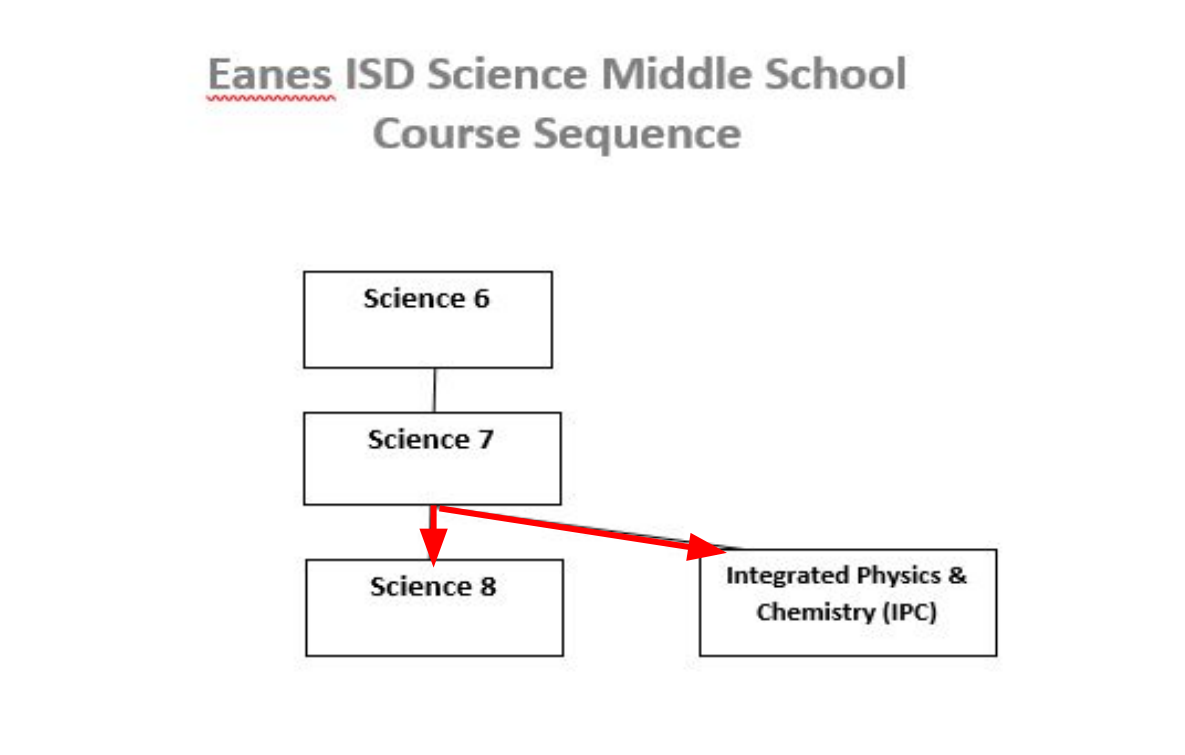
8th Grade Science

- Science 8
- IPC

(Integrated Physics and Chemistry)

Students must take an IPC exam to test out of 8th grade Science TEKS and be enrolled in Alg. I. IPC is considered a high school **elective**. Students will not receive a high school science credit for this course. All students will register for Science 8 and we will change them into IPC if they qualify. The test for IPC will be on April 24th (early release).

8th Grade Science Opportunities



All students enrolled in 7th grade will be provided an opportunity to take an IPC Screener assessment. This assessment will also be given on April 24th at Hill Country MS from 2:15-4:15 pm.

- **Pre-Requisite: Concurrent enrollment or prior completion of Algebra I**

History Classes

7th Grade

- Texas History 7
- Texas History 7 GT

Students must be in GT to sign up for this course.

8th Grade

- American History 8
- American History 8 GT

Students must be in GT to sign up for this course.

English Classes

7th Grade English

- English 7
- English 7 Pre-AP

Students can sign up for either course. Keep in mind that the Pre-AP course will move at a faster pace and will require higher-level critical thinking skills.

8th Grade English

- English 8
- English 8 Pre-AP

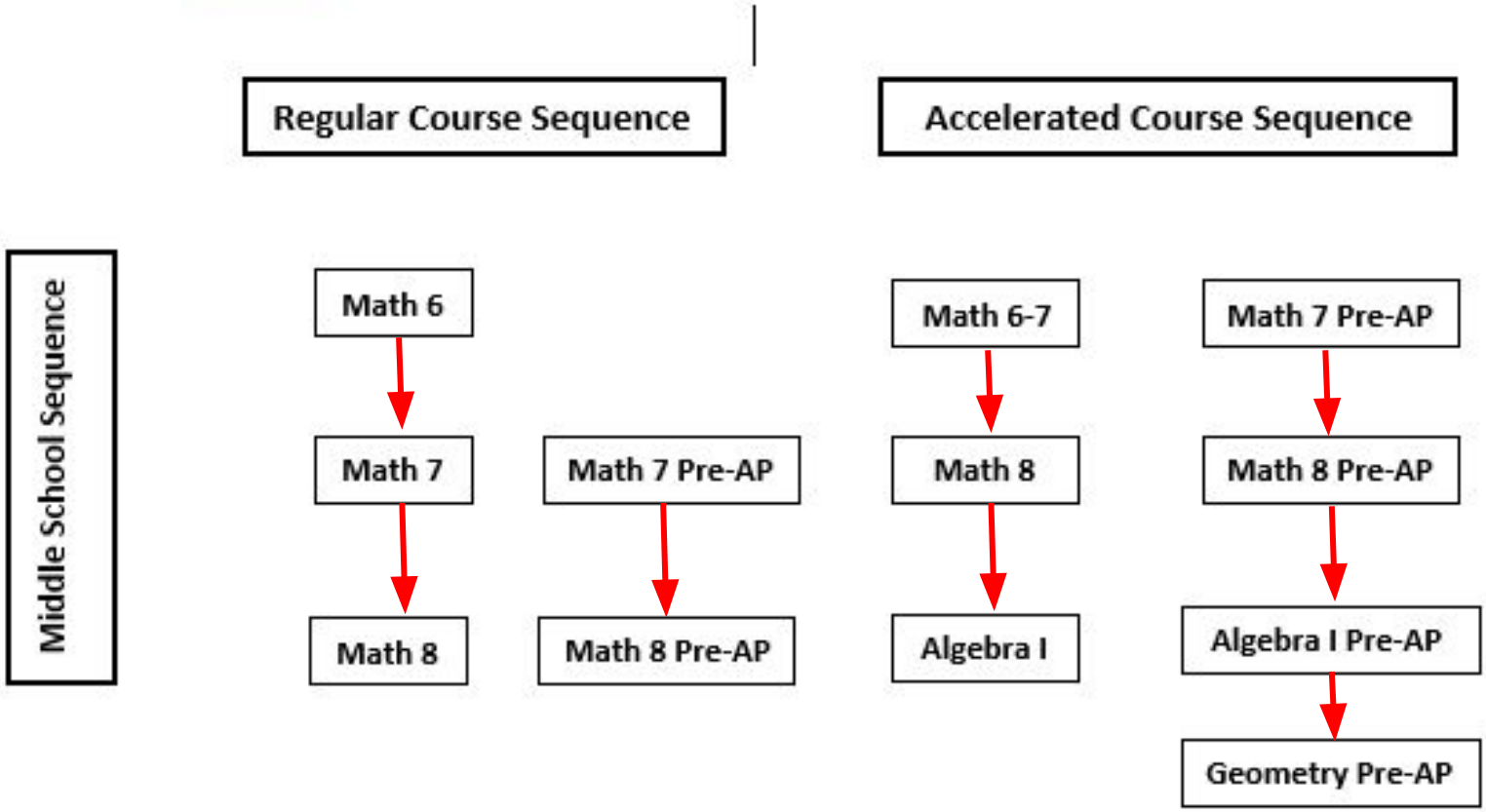
Students can sign up for either course. Keep in mind that the Pre-AP course will move at a faster pace and will require higher-level critical thinking skills.

Math Course Placement for 7th & 8th Grade

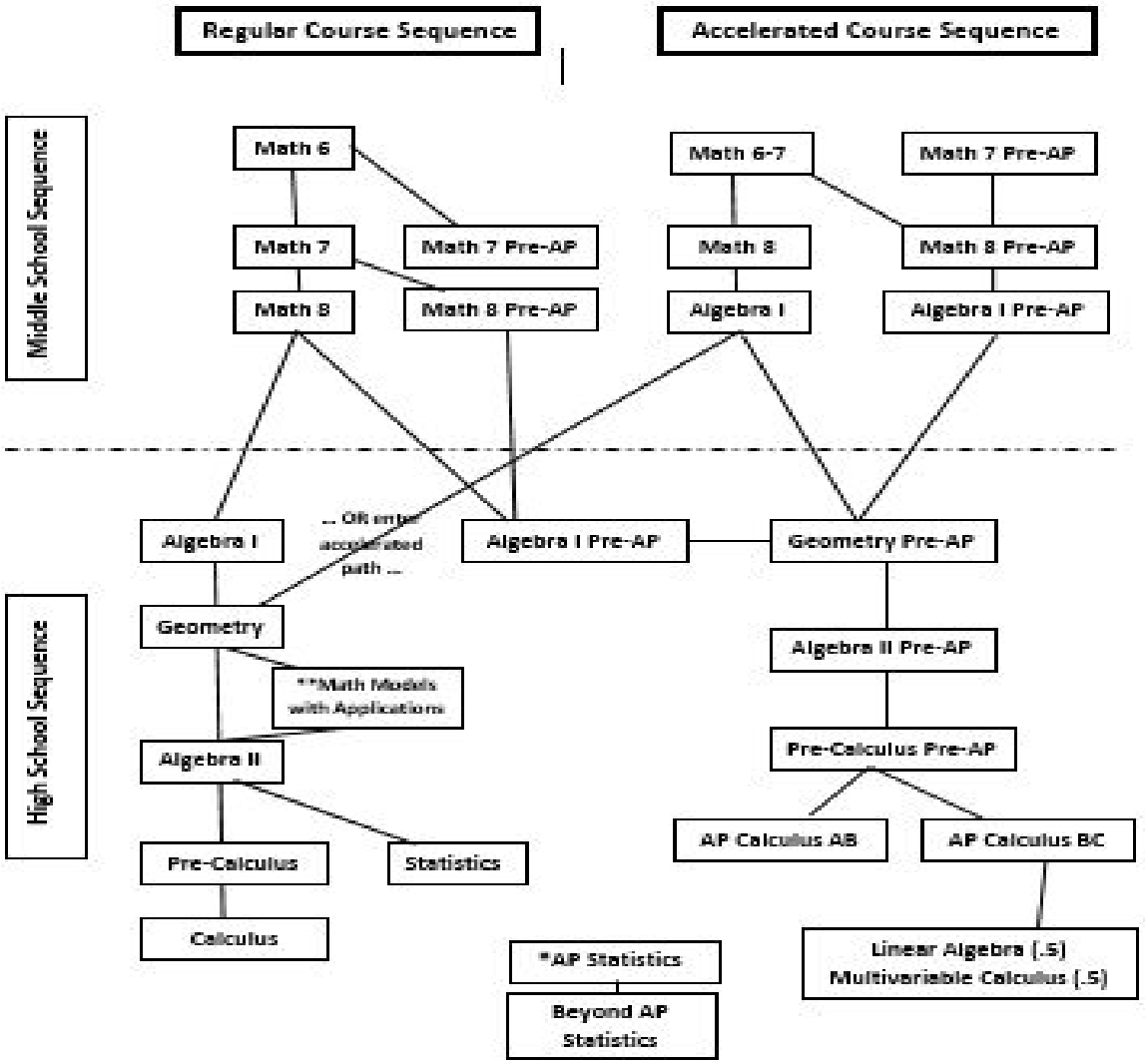
Students currently enrolled in …

- Math 6 will be placed into Math 7
- Math 6/7 and Math 7 will be placed into Math 8
- Math 7 Pre-AP will be placed into Math 8 Pre-AP.
- Math 8 will be placed into Algebra I
- Math 8 Pre-AP will be placed into Algebra I Pre-AP
- Algebra I Pre-AP will be placed into Geometry Pre-AP

Eanes ISD Math Secondary Course Sequence



Eanes ISD Math Secondary Course Sequence



*AP Statistics may be taken alone or concurrently with other math classes any time after Regular or Pre-AP Algebra II

**Math Models does not satisfy the admission requirements of most four-year universities.

Eanes ISD expects student enrollment in a math course each year of high school.

Credit by Exam (CBE)

Credit by Exam provides an additional acceleration option for the very small number of students who are ready to "place out" of a math course.

- Historically, less than 10% of Eanes ISD students qualify for math acceleration each year.
- These alternative methods do not provide the foundations and depth of instruction that a full year course taken at West Ridge Middle School would provide.
- Please note that a CBE may not prepare students for the rigor and expectations for future courses taken in Eanes ISD.

Credit by Exam (CBE)

Math 6

All students enrolled in Math 6 will be provided an opportunity to take a math assessment to "place out" of Math 7. This assessment will be given on April 24th at Hill Country from 2:15- 4:15 pm. Students will have two hours to complete the assessment (without a calculator) and must score an 80% or higher to be placed into Math 8 Pre-AP.

Math 7, Math 7 Pre-AP, or Math 6/7

All students enrolled in Math 7, Math 7 Pre-AP, or Math 6/7 will be provided an opportunity to take a math assessment to "place out" of Math 8. This assessment will also be given on April 24th at Hill Country from 2:15-4:15 pm. Students will have two hours to complete the assessment (with the use of a graphing calculator) and must score an 80% or higher to be placed into Algebra I Pre-AP.

MORE MATH INFORMATION

- Accelerated Math Course Options
- Math Course Sequence
- Credit by Exam
- Pre-Advanced Placement/Pre-AP
- Parent Math Site

Math Questions?

Electives

World Language Electives

7th Grade

- Spanish 7
- Latin 7
- French 7
- Chinese 7

Students signing up for these languages will earn credit after completing the second part in 8th grade. The 7th grade courses cover the first ½ of the curriculum. Students should plan on taking the second ½ in 8th grade.

8th Grade

- Spanish 8
- Latin 8
- French 8
- Chinese 8
- Spanish I

Students may not take Spanish 8, Latin 8, French 8, or Chinese 8 without first taking Spanish 7, Latin 7, French 7, or Chinese 7.

*Spanish I is the <u>only</u> language we offer in one year..

- Concert Choir, Treble Choir, and Men's Ensemble
- Beginning Orchestra, Concert Orchestra, and Sinfonia Orchestra

  *Auditions are required for Concert and Sinfonia
- Beginning Band, Concert Band, and Symphonic Band

  *Auditions are required for Concert and Sinfonia

Music Electives

(These electives are yearlong (2 semesters)

Additional Yearlong Electives

- Yearbook

  Open to 7th and 8th grade students.

  Application required.

- Reading Seminar

  Open to dyslexic students or students with a reading disability for reading support.

- Hill Country Players

  Open to only 8th grade students. Audition required.

7th & 8th Grade

- Above & Beyond
- Visual Art
- Film
- HCTV
- Robotics
- Robotics II
- Student Partners
- M.A.P.S.
- Technical Theatre Design
- Theater Arts (7th Graders ONLY)
- Teen Skills
- Design & Technology
- Computer Graphics & Web Design
- Computer Animation & Gaming
- Introduction to App development

8th Grade Only

- Health

  This is a high school credit class & is <u>required</u> prior to graduation.

- Speech

  This is a high school credit class & will count as an elective credit.

- Student Aide

  Application required.

One Semester Electives

What fulfills the requirement?

- P.E.
- Aerobic Activity
- Athletics:

Football, Volleyball, Basketball, or Track

- HCMS Cross Country
- HCMS Cheerleading
- P.E. Waiver

What does not fulfill the requirement?

- HCMS Golf
- HCMS Tennis
- HCMS Soccer

Why?

These sports do not fulfill the hour requirement. The season is very short and does not meet the P.E. requirement. Students cannot "sign" up for these classes through skyward. There will be information communicated through HCTV for students that are interested in playing these sports. These are spring sports that start practicing in March after school.

Required: One semester of Physical Education

P.E. Waivers

- All P.E. waiver applications and letters with must be received by the deadline by Aug. 6th for fall and Dec. 14th for spring.
- **Category 2 Waivers**:

  Students must complete 5 hours a week in the **same** sport. This allows students to take an extra elective.
- **Category 1 Waivers**:

  Students must complete 15 hours a week in the **same** sport. This allows students to leave school an hour early (3:00) or come to school an hour late (9:15). Students must leave campus if they have a category 1 waiver.

Core Classes & P.E. requirement

- English or English Pre-AP
- Science
- History or History GT
- Math (see chart)
- P.E., Aerobic Activity, Volleyball, Football, Basketball, Track, a P.E. Waiver

(Cross Country, HCMS Cheerleading, or other outside activity that meets the requirements)

Electives

- Students will need **6** semesters of electives.
- Full-year electives (2 semesters)

(World Languages, Band, Choir, Orchestra, Yearbook, HCP)

What classes should my child select?

- 1st Period – Athletics (2 semesters)
- 2nd Period – English
- 3rd Period – Math
- 4th Period – Spanish (2 semesters)
- 5th Period – History
- 6th Period – Science
- 7th Period – Advisory
- 8th Period – Art/Teen Skills (2 semesters)

Sample Schedule 1

- 1st Period – Volleyball / Art (2 semesters)
- 2nd Period – Math
- 3rd Period – Orchestra (2 semesters)
- 4th Period – Health / Film (2 semesters)
- 5th Period – English Pre-AP
- 6th Period – Science
- 7th Period – Advisory
- 8th Period - History

Sample Schedule 2

FREQUENTLY ASKED QUESTIONS

Q: If my child doesn't make the volleyball or basketball team, do they drop athletics?

A: No. Students who do not make the team will stay in athletics and go into "off-season".

Q: If my child wants to play just basketball, what does he/she sign up for?

A: Your child would sign up for athletics all year and communicate to the coaches that he/she only wants basketball.

FREQUENTLY ASKED QUESTIONS

Q: Would my child qualify for a P.E. waiver if she does two hours of dance and 3 hours of golf each week?

A: No. Students need to be doing 5 or 15 hours of the **same sport** every week to qualify for a P.E. waiver.

Q: Can my child sign up for two world language classes?

A: Yes. However, we have not had many students complete both successfully.

FREQUENTLY ASKED QUESTIONS

Q. Will my child have lunch with their grade level?

A. Yes

Q. If my child signs up for Pre-AP and is struggling, can they drop?

A. Yes

Q. Who will my child's counselor be next year?

A. Your child's counselor will be the same as this year. We move up with our students ☺

7th Grade: Mrs. Wiest & 8th Grade: Mr. Huber

IMPORTANT INFORMATION

HTTP://HCMS.EANESISD.NET/

WHAT YOU CAN DO

Your support matters

What can parents do now to help prepare their child(ren) for middle school?

- Allow your child to make mistakes at home & school. Failure is an opportunity to learn and grow.
- Teach your child how to be organized. They will have 8 classes every day.
- Encourage your child to extend his/her friendship circle. Friendships change throughout middle school.
- Encourage autonomy at home! We encourage students to advocate for themselves.
- Give your child the opportunity to problem solve on their own.
- Provide opportunities for your child to make decisions (even if they are not the decision you would make) ☺

Academic concerns

- Start with the teacher
  - Set up a meeting
    - You + student
    - Goal: self-advocacy
  - Ask questions
    - Teacher observations?
    - How can I support my student's learning?
    - Suggestions?
- Attend tutoring

Effective study habits

- Environment
  - Minimize distractions
- Timing
  - When to start / break
- Strategies
  - Start with easiest or hardest
  - Deadlines, point value
- Organization skills
  - Notebooks, folders
  - Calendar

School & Studying

Importance of sleep

CBS This Morning

http://www.cbsnews.com/news/stanford-university-program-teaches-teenagers-health-risks-of-sleep-deprivation/

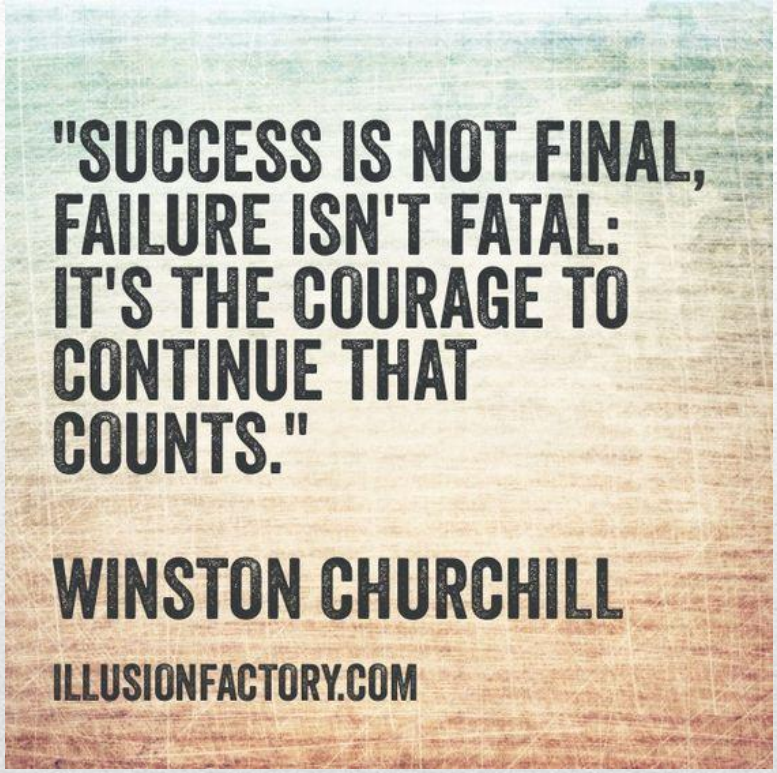
Sleep deprivation

- Article from Stanford Medicine calls it an "epidemic"
  - Students need 8-10 hrs (get 6)
  - Impacts concentration, memory, critical thinking, ability to problem-solve
  - Impacts physical health, mood, emotion
  - Increases anxiety, depression, suicidal thoughts

SOCIAL EMOTIONAL LEARNING

A district-wide focus on five core competencies

Social Emotional Learning
Eanes ISD SEL 5 Competencies



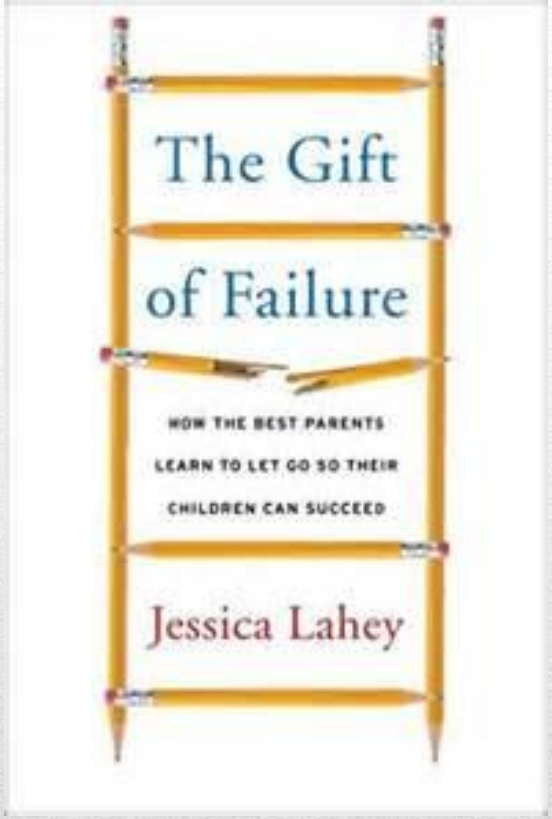
- School is sometimes hard
- Failure IS an option
  - The point is to learn from it
  - Middle school is a safe place to try
- Allow students to experience natural consequences …

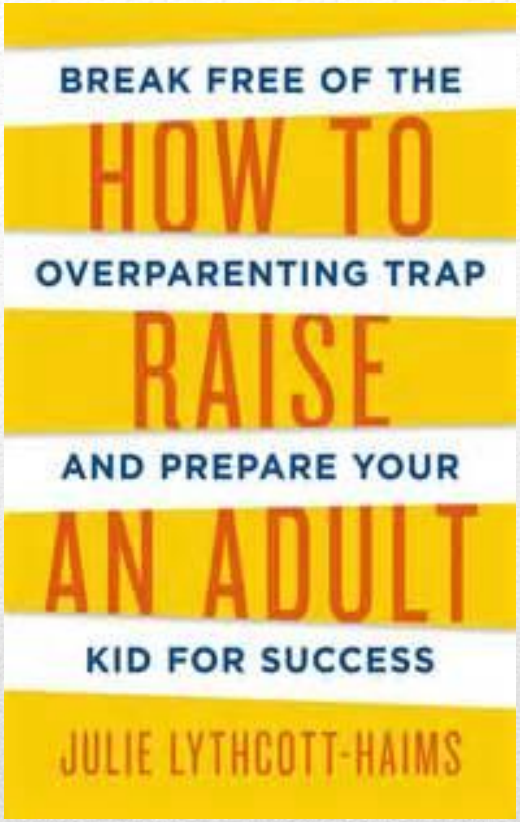
Resiliency & Growth Mindset

- Wake up your teens
- Make them breakfast and pack a lunch
- Email teachers for missing assignments or absent work
- Deliver forgotten lunches, homework, iPads, or projects
- Treat teens' poor planning as an emergency for you
- Make decisions or solve problems for your child
- Get over-involved with teachers/coaches
- Care more about academics/homework than your teen

post from the website For Every Mom

Do you … ?





Books for Parents & Educators that can help ☺

EANES ISD GRADUATE PROFILE (WHEEL)

Healthy Individual

- Maintains a healthy self-concept
- Cultivates healthy habits and self-discipline
- Accepts responsibility for personal choices, actions, and mistakes
- Fosters resilience to recover and persevere in the face of setbacks
- Applies personal skills to resist negative influences
- Maintains life-long wellness
- Cultivates contentment and balance
- Adapts to change and challenges

Well-Rounded Person

- Appreciates and participates in the arts and humanities
- Analyzes and adapts to changing environments
- Participates in activities that promote teamwork, leadership, responsibility, respect, and physical and emotional fitness
- Values cultural and linguistic diversity
- Understands personal strengths and areas of growth
- Displays realistic social and emotional self-awareness
- Identifies goals and takes steps towards their achievement
- Motivated to perform at your personal best

Effective Communicator

- Exchanges ideas and information through multiple forms of expression
- Works collaboratively with persons of varied beliefs, interests and backgrounds to build consensus
- Initiates and maintains healthy interpersonal relationships
- Reads and responds to verbal and nonverbal social cues
- Listens actively

Life-Long Learner

- Thinks critically and creatively to solve problems effectively
- Performs diligently and capably
- Takes intellectual risks and is passionate about learning
- Understands multiple paths for post- secondary achievement
- Initiates and engages in learning
- Masters a foundation in core academic areas for college success
- Understands world issues and current events
- Develops personal/academic/technical skill sets to adapt to change
- Analyzes and evaluates information sources

Engaged Citizen

- Respects self and others equally
- Exhibits honest and ethical behavior
- Demonstrates integrity
- Exhibits conscientious leadership skills
- Commits to serving the common good
- Understands the interconnected nature of our global community
- Respects differences
- Contributes positively to the community and environment

Desired Characteristics of an Eanes ISD Graduate

Questions?