- 1. Go to <u>www.metlife.com</u>
- 2. Under "Log In or Register" (on the upper right side of the page), select MyBenefits Group Benefits and then click on "Register now"



3. Enter the group name that you are covered under (Namic Group Insurance Trust) in the Account Sign In area and click on "Submit"

| MetLife | | |
|--|--|--|
| | | Wednesday, January 9, 2013 |
| Welcome to MyBenefits | | \frown |
| Click here to view cur Biosser Support | Your benefits, made easier Enjoy fast, convenient access to the information you need | Account Sign in Namic Group Insurance Tru: Submit Add this site to my Favorite |

4. The member will need to complete the registration profile and click on "Register"

| MetLife | Insurance Company Supported Organizations (Icso) |
|---|--|
| | Wednesday, January 9, 2013 |
| Register for MyBenefits | 🖶 Print |
| All fields are required | |
| Create Your Profile. It's Simple and Secure | |
| Step 1: Personal Information | |
| First Name: | |
| Last Name: | |

5. Once registration is complete, you will see the "Welcome to MyBenefits" page.

From the Welcome Page, you can perform a number of services including:

- ➢ View your plan information
- > Print a Dental ID card by clicking on the box on the far right side of the screen
- View your recent claims and processing status
- ➢ Find a dental provider



Customer Service, claim status and dental ID cards can also be accessed through MetLife's Automated Voice Response system by calling 800-942-0854.