



METROPLUS GOLD PRESENTATION



OUR HEALTH PLAN EXCLUSIVELY FOR NEW YORK CITY EMPLOYEES

Offered by MetroPlus Health Plan

- **MetroPlus** is a wholly-owned subsidiary of NYC Health + Hospitals
- **MetroPlus** has been insuring Health + Hospitals' employees since 1985
- **MetroPlus** has over 17,000 MetroPlus Gold members and more than half a million members across our nearly 90 product lines

What's special about MetroPlus Gold?

- Comprehensive benefit package
- The basic plan has no employee premium for employees and their dependents
- Low-cost optional rider for prescription drugs
- Extensive physician and hospital network in Manhattan, Brooklyn, Queens, Staten Island, and the Bronx

EVEN MORE CITY EMPLOYEES ARE CHOOSING
METROPLUS GOLD AS THEIR HEALTH PLAN!

\$0 PREMIUM!

\$0 COPAYS!*

\$0 DEDUCTIBLE!

**TAKE ACTION THIS COMING
FALL TRANSFER PERIOD.**

Learn more at metroplus.org/Gold or 1.877.475.3795



OUR HEALTH PLAN EXCLUSIVELY FOR NEW YORK CITY EMPLOYEES



MetroPlus Gold

Comprehensive Benefits

Preventive Care

Primary Care and
Specialty Services

Maternity Care

Well-Child Visits

Hospital Care

Emergency Care

Mental Health
Services

Rehabilitation
Services

Lab and Radiology
Services

Care Management
Programs

Prescription Drug
Coverage (Optional
Rider)

MetroPlus Gold

Care Management Programs

- Help members with chronic conditions stay healthy
- AsthmaPlus, DiabetesCare, Pre- and Post-Natal Care, Partnership in Care, Behavioral Health, Complex Medical issues
- MetroPlus Care Management Action Line is 800-303-9626

Member Extras

- After-hours access to Medical Services
 - Monday – Saturday, **8PM - 8AM**
 - Sundays and Holidays – **All Day**
 - Calls will be routed to an After-hours Provider
- Easy access to your Member Account online:
 - Update your personal information
 - Select or change your PCP
 - View, print and order your Member ID Card and plan materials (Provider Directory, Handbook, etc.)
 - And more!

MetroPlus
Health Plan

MY ACCOUNT MY PAYMENTS MY CLAIMS MY FAQS FIND SIGN OUT

Account Information

- Change My Password
- Email Address Change

Account Information

Member Number	TEST0041
Full Name	McTestPHP, TestPHP
Date Of Birth	01/21/1980
Gender	M
Address	127 Evergreen Terrace
City	New York
State	NY
Zip Code	10033
Status	Active
Effective Date	
Expiration Date	
Recert Date	
Plan Name	FAMILY HEALTH PLUS
Primary Care Provider (PCP)	
PCP Address	
PCP Phone	

Request Change Address
Request Change PCP
Request Materials & ID Cards

Primary Care Physicians (PCPs) may have multiple locations. The address listed may reflect an alternative location. As a reminder, confirm with your PCP the location of your appointments.

Member Extras, cont.

■ Urgent Care Centers

- Access to a growing number of Urgent Care Centers throughout the five boroughs to help with a sudden illness, an injury, or a condition that needs care right away, but is not so serious as to require an Emergency Room visit.
- For a complete list of the nearly 50 Urgent Care Centers that accept MetroPlus, go to the “find a doctor” page under the Member Services tab on our website.


You should always try to obtain urgently needed care from in-network providers and locations. We do not cover Urgent Care from non-participating Urgent Care centers or Physicians.

Member Extras, cont.

■ Gym Reimbursement

- Up to \$250 every six months for the cost of your exercise facility membership.
- If your spouse is a MetroPlus Gold member, they are also eligible for the same \$250 reimbursement every six months.
- Exercise facilities that maintain equipment and programs that promote cardiovascular wellness qualify for reimbursement.

The amount of the rewards and payout issued by MetroPlus may be considered taxable income, and subject to state and federal taxes in the tax year it is paid. We recommend that you consult a tax expert with any questions about your tax needs.




**CITY EMPLOYEE?
LOOKING FOR
A HEALTH PLAN
WITH GYM
REIMBURSEMENT?**

**DON'T SWEAT
THE COST!**

**\$0 PREMIUM!
\$0 COPAYS!
\$0 DEDUCTIBLE!**

MetroPlus Gold features a gym reimbursement that can save you \$250 every 6 months, for you and a spouse. That's a total of \$1000!
Speak to your HR benefits manager now!


plan ahead.

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*Except for US visit. The amount of the rewards and payout issued by MetroPlus may be considered taxable income, and subject to state and federal taxes in the tax year it is paid. We recommend that you see your employer for details, or consult a tax expert with any questions about your tax needs.

Member Extras, cont.

New! Reimbursement for weight loss programs, like Weight Watchers or Noom!

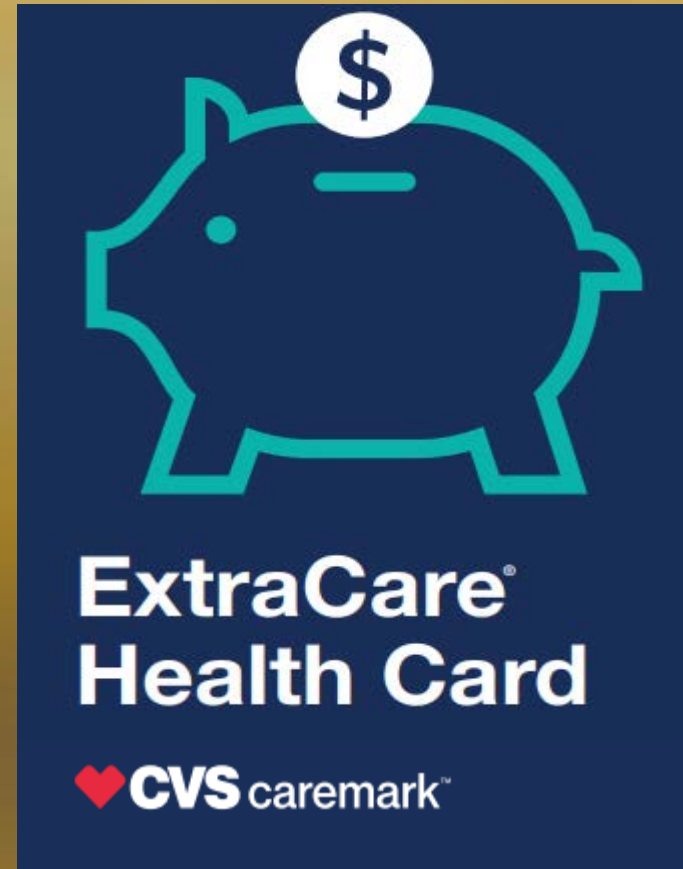
MetroPlus Health will reimburse you up to \$100 every six months for participating in a weight loss program—with an additional \$50 for a participating spouse! That's up to \$300 a year in savings.



Member Extras, cont.

New! Access to the CVS Caremark ExtraCare® Health Program, an exclusive discount program.

This program saves 20% on thousands of items at any CVS/pharmacy or on eligible items online.



Prescription Drug Benefit

- Low-cost prescription drug rider **New!**
- Copays starting at **\$0** per prescription for drugs on the MetroPlus formulary
- No deductibles for prescriptions
- \$0 copay for generic drugs

To take advantage of all the benefits this plan offers, you need to see providers in the MetroPlus network. You can get covered services from any provider within this network. Receiving care from out-of-network doctors or providers is not covered under MetroPlus. You may have to pay for the medical services if you go out of network. In cases of emergency, your care is covered regardless of the provider's network status; you will be completely covered at any doctor's office or hospital nationwide. Emergencies should be reported within 48 hours, or as soon as reasonably possible.

MetroPlus Gold:

Quality, Affordable Coverage

- NO employee premiums
- NO deductibles
- NO copays for Specialists, Lab and X-rays
 - Emergency Room copay waived if admitted
- NO paperwork—no bills or claim forms
- NO Coinsurance
- Go to www.nyc.gov/olr to compare premium costs, deductibles and co-pays for other insurance plans.

MetroPlus Provider Network

Over 31,000 Provider Sites

Primary Care
Providers
4,500

Obstetricians &
Gynecologists
1,100

Specialists
Over 16,000

Mental Health
Providers
Over 9,000

Primary and specialty care at these great hospitals

Manhattan

Bellevue Hospital Center

Beth Israel Medical Center

Harlem Hospital Center

Metropolitan Hospital Center

Mount Sinai Medical Center*

New York Eye and Ear Infirmary*

NYU Medical Center*

St. Luke's / Roosevelt Hospital

*Only specialty services at these hospitals

Primary and specialty care at these great hospitals

Queens

Elmhurst Hospital Center

Flushing Hospital Medical Center

Jamaica Hospital Medical Center

Mount Sinai Hospital*

Queens Hospital Center

*Only specialty services at these hospitals

Primary and specialty care at these great hospitals

Brooklyn

Coney Island Hospital

Kings County Hospital Center

Lutheran Medical Center

Maimonides Medical Center

SUNY Downstate Medical Center – University Hospital of
Brooklyn*

Woodhull Medical Center

*Only specialty services at these hospitals

Primary and specialty care at these great hospitals

The Bronx

Jacobi Medical Center

Lincoln Medical Center

Montefiore Medical Center*,

North Central Bronx Hospital

*Only specialty services at these hospitals

Primary and specialty care at these great hospitals

Staten Island

Richmond University Medical Center
Staten Island University Hospital

Additional Facilities for Care

NYC Health + Hospitals Diagnostic and Treatment Centers

Cumberland D&TC

East New York D&TC

Gouverneur Healthcare Services

Morrisania D&TC

Renaissance Health Care Network

Segundo Ruiz Belvis D&TC

..and over 50 Urgent Care Centers

Who qualifies for MetroPlus Gold

- ALL NYC employees
- Non-Medicare eligible NYC retirees
- Spouse or domestic partner
- Eligible dependents

How to enroll in MetroPlus Gold

- NYC employees must contact their agency health benefits or payroll office during the Annual Transfer Period at:
 1. Mayoral Agencies Employees - NYCAPS Central: (212) 487-0500
 2. DOE Employees - Department of Education HR Connect: (718) 935-4000
 3. H+H Employees - NYC H+H: (646) 458-5634
- All other employees can obtain an application by contacting their agency personnel office.
- Complete an enrollment form, select MetroPlus Gold and submit the form to Human Resources
- For more information, contact designated rep Michael Holley at 646-296-3775, email him at hollem@metroplus.org or go to www.metroplus.org

